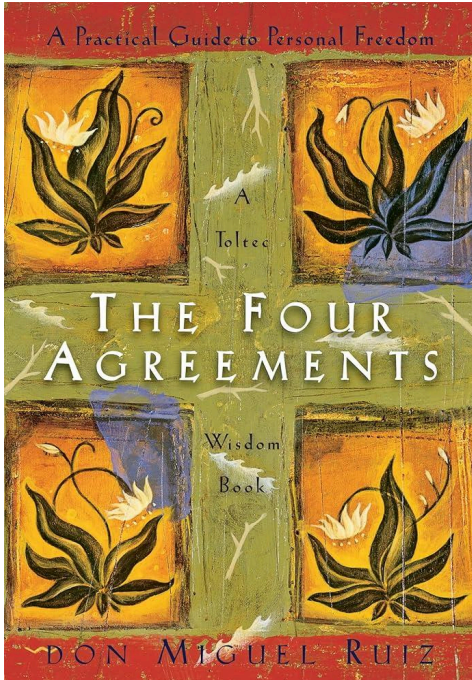


# Celebrate Life

*Progressive Spiritualist Community*

## Weekly Book Club - Facilitated by Chris :)



### BE IMPECCABLE WITH **YOUR WORD**

Speak with integrity. Say only what you mean. Avoid using the word to speak against yourself or to gossip about others. Use the power of your word in the direction of truth and love.

### DON'T TAKE ANYTHING **PERSONALLY**

Nothing others do is because of you. What others say and do is a projection of their own reality. When you are immune to the opinions and actions of others, you won't be the victim of needless suffering.

## THE FOUR AGREEMENTS

### DON'T MAKE **ASSUMPTIONS**

Find the courage to ask questions and to express what you really want. Communicate with others as clearly as you can to avoid misunderstandings, sadness, and drama. With just this one agreement, you can completely transform your life.

### ALWAYS **DO YOUR BEST**

Your best is going to change from moment to moment; it will be different when you are healthy as opposed to sick. Under any circumstance, simply do your best, and you will avoid self-judgement, self-abuse, and regret.

## The Four Agreements: A Practical Guide to Personal Freedom by Don Miguel Ruiz

Based on ancient Toltec Wisdom, *The Four Agreements* offer a powerful code of conduct that can rapidly transform our experience of freedom, true happiness, and love. Since the book was published in 1997 it has become an iconic staple in the self-help section of bookstores everywhere. What started as a simple concept has become a cultural phenomenon with Ruiz's writings managing to weave their way into people's hearts, touch their souls, and change us for the better. With over 15 million copies in the U.S. alone, it's among the few with the staying power to top the New York Times Bestselling list for over a decade! While this book is a quick and easy read, its power lies in its simplicity.

The Book Club will meet weekly for six weeks as we focus on the agreements one-by-one and put them into practice by incorporating each into our lives as Spiritualists. Part discussion-group, part support-group, each participant will talk about: how they view the agreements, what they mean to them, and any challenges they have in understanding and adopting them for personal growth. Each week will also include a short meditation related to that week's lesson.

This group is open to all who are interested. Whether this is your first time or you've read it before and want a refresher, this book can be enjoyed endless times with new discoveries in each read. Come for the camaraderie or share in the love of the universal teachings by making the magic of the Toltec Wisdom part of your day-to-day life.

**Join us! Mondays @ 6:30 pm (PST) on Zoom | July 15, 22, 29 + Aug 5, 12, 19**

**Series Fee of \$40 (or \$7/wk) : Includes 6 weeks of discussion group + Copy of Book!**

*(Books are sustainably conscious, used paperback, and in good condition. Free local pickup. Add \$7 for shipping USPS, within the U.S. only)*

**Please Reserve Your Spot ASAP If Interested...**

*Payment not due right away to register. Sliding-Scale donation optional. No one turned away for lack of funds!*

**Register @ <http://bit.ly/CelebrateLifeBookClub>**

