

THE NEW SCIENCE OF
CONSCIOUSNESS
SURVIVAL-
*AND THE METAPARADIGM
SHIFT TO A CONSCIOUS
UNIVERSE*

AN IN DEPTH REVIEW OF THE BOOK BY DR. ALAN ROSS HUGENOT

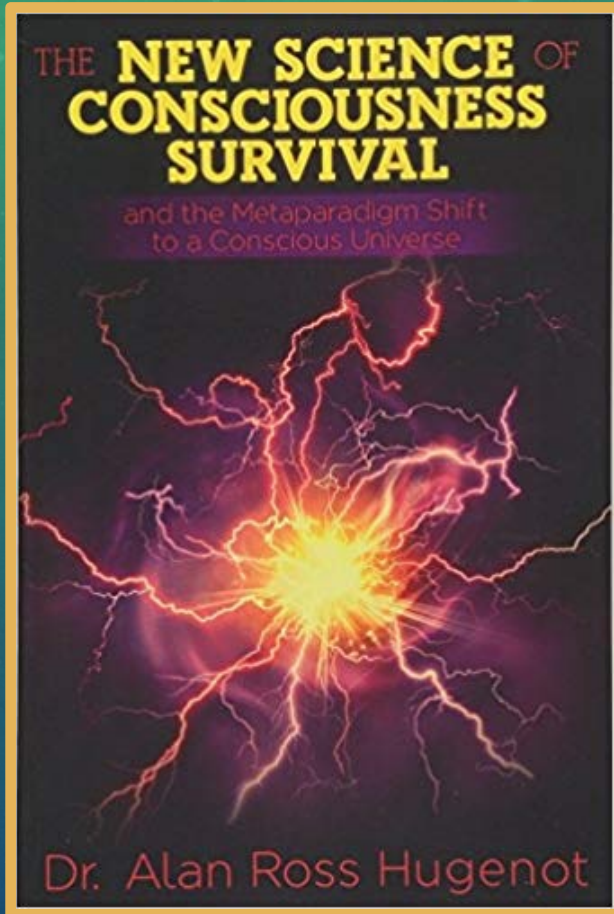
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Warning!

Philosophical caution is advised:

This book maybe not be suitable for all audiences because it champions real science instead of pseudo-science. Further it also does not champion nor conform to any religious views. Instead, it speaks of scientifically verified consciousness survival in an afterlife. Consequently, stalwart materialists and religious persons of any sect will find its conclusions disagree with their chosen Belief Systems (*their B.S.*).

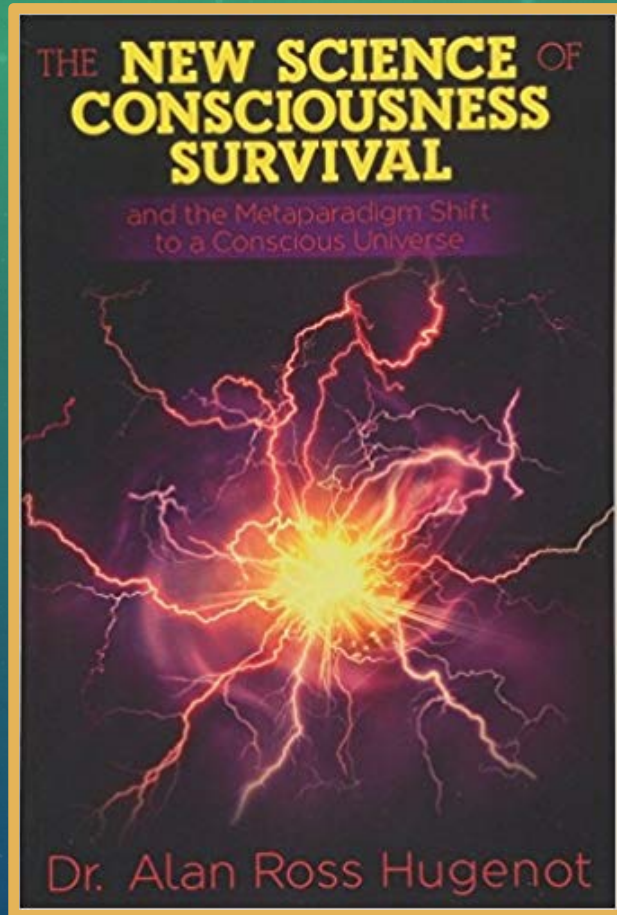
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Course Outline

- **WEEK 1:** Course Objective; Dr. Huguenot; Introduction; Manifesto for a Post-Materialist Science
- **WEEK 2:** The Logic of Science and Philosophy; 3 Perspectives- Materialism, Quantum “Mechanics” and Biocentrism
- **WEEK 3:** Proof of Non-Local Consciousness
- **WEEK 4:** Proof of Conscious Survival After Physical Death
- **WEEK 5:** Quantum Electrodynamics (QED) And Biocentrism
- **WEEK 6:** Conclusion; The Weighing of the Heart; The Coming Paradigm Shift from Materialism to Spiritualism

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WEEK 1

- DeeDee's Course Objective
- **Preface:** Dr. Alan Hugenot
- **Chapter 1:** Introduction
- **Chapter 2:** How to Use this Book

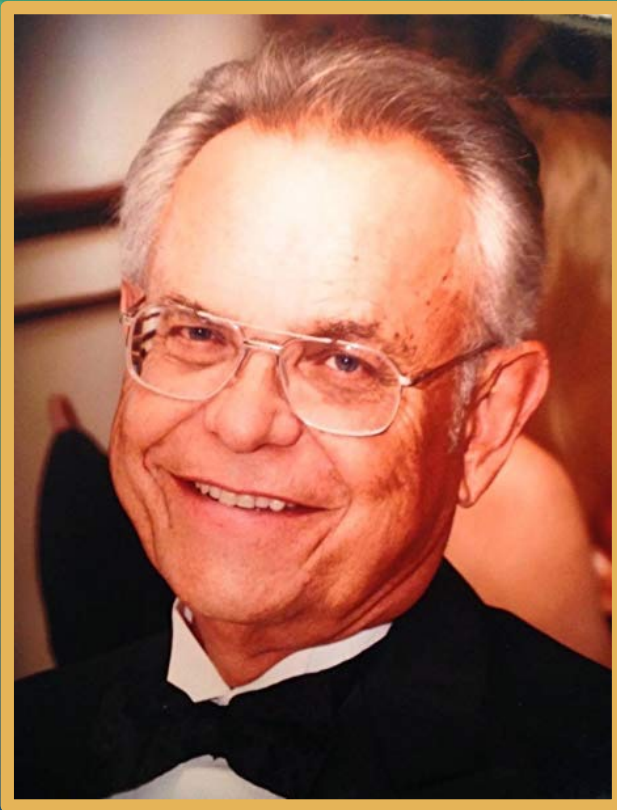
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WEEK 1: DeeDee's Course Objective

- Introduce contents of this book
- Introduce “Post Materialist Manifesto”
- Inspire students to read book, watch documentaries, review research data
- Familiarize students with scientific method
- Understand Dr. Hugenot's reason for writing book
- “Model Revolution” phase of Kuhn's Cycle

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WEEK 1



Preface: Who is Dr. Alan Ross Huguenot?

- A Navy man, engineer and applied scientist specializing in naval architecture and marine engineering
- Skilled at trouble shooting huge, complicated machines
- Testifies in contentious court cases; appreciates both science and legal evidence
- Near Death Experiencer and deeply spiritual person
- A well educated and highly skilled evidential medium

Committed to proving ESP and Mediumship are real!

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WEEK 1

Preface: Who is Dr. Alan Ross Huguenot?

“He lectures on the leading-edge science of the afterlife...and has concluded that the entire universe is conscious, which explains both near death experiences and certain paradoxes of quantum theory... As someone with a physics degree, I personally believe that Dr. Huguenot’s basic idea of a conscious universe is neither crazy nor new. Erwin Schrodinger, one of the fathers of quantum physics, was an avid student of Hindu philosophy, and believed something similar.”

- Gideon Litchfield, Atlantic Monthly April 2015

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WEEK 1

Chapter 1: Introduction

As we keep discovering our world
science blends with spirituality
and accepts we must
believe in order to see.



- *“The mind is the matrix of all matter”*
Max Planck (1900)
- *“Science is not only compatible with Spirituality; it is a profound source of Spirituality.”* Dr. Carl Sagan (1934-1996)

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WEEK 1

Chapter 2: How to Use this Book

1. Belief Systems- B.S.- (Chapter 3)
2. Materialism NOT supported by Science (Chapter 4)
3. Manifesto for Post-Materialist Science- Feb 2014
4. How much of the book to read
5. Garner the takeaway ideas

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GUEST EDITORIAL

Manifesto for a Post-Materialist Science

| Mario Beauregard, PhD, Gary E. Schwartz, PhD, Lisa Miller, PhD,
Larry Dossey, MD, Alexander Moreira-Almeida, MD, PhD,
Marilyn Schlitz, PhD, Rupert Sheldrake, PhD, and Charles Tart, PhD |

From its inception, science has continually evolved because of a fundamental reason: the accumulation of empirical evidence that could not be accommodated by entrenched views. The resulting changes have often been minor, but sometimes they have been titanic, as in the quantum-relativistic revolution of the early decades of the 20th century.

Many scientists believe a similar transition is currently required, because the materialistic focus that has dominated science in the modern era cannot account for an ever-increasing body of empirical findings in the domain of consciousness and spirituality.

The following Manifesto for a Post-Materialist Science by a group of contemporary scholars and researchers attempts to visualize what an emerging scientific view may look like.

Larry Dossey, MD, Executive Editor

We are a group of internationally known scientists, from a variety of scientific fields (biology, neuroscience, psychology, medicine, and psychiatry), who participated in an international summit on post-materialist science, spirituality, and society. The summit was co-organized by Gary E. Schwartz, PhD and Mario Beauregard, PhD, the University of Arizona, and Lisa Miller, PhD, Columbia University. This summit was held at Canyon Ranch in Tucson, Arizona, on February 7–9, 2014. Our purpose was to discuss the impact of the materialist ideology on science and the emergence of a post-materialist paradigm for science, spirituality, and society.

We have come to the following conclusions:

1. The modern scientific worldview is predominantly predicated on assumptions that are closely associated

with classical physics. Materialism—the idea that matter is the only reality—is one of these assumptions. A related assumption is reductionism, the notion that complex things can be understood by reducing them to the interactions of their parts or to simpler or more fundamental things such as tiny material particles.

2. During the 19th century, these assumptions narrowed, turned into dogmas, and coalesced into an ideological belief system that came to be known as “scientific materialism.” This belief system implies that the mind is nothing but the physical activity of the brain and that our thoughts cannot have any effect upon our brains and bodies, our actions, and the physical world.

3. The ideology of scientific materialism became dominant in academia during the 20th century. So dominant that a majority of scientists started to believe that it was based on established empirical evidence and represented the only rational view of the world.

4. Scientific methods based upon materialistic philosophy have been highly successful in not only increasing our understanding of nature but also in bringing greater control and freedom through advances in technology.

5. However, the nearly absolute dominance of materialism in the academic world has seriously constricted the sciences and hampered the development of the scientific study of mind and spirituality. Faith in this ideology, as an exclusive explanatory framework for reality, has compelled scientists to neglect the subjective dimension of human experience. This has led to a severely

distorted and impoverished understanding of ourselves and our place in nature.

6. Science is first and foremost a non-dogmatic, open-minded method of acquiring knowledge about nature through the observation, experimental investigation, and theoretical explanation of phenomena. Its methodology is not synonymous with materialism and should not be committed to any particular beliefs, dogmas, or ideologies.

7. At the end of the 19th century, physicists discovered empirical phenomena that could not be explained by classical physics. This led to the development, during the 1920s and early 1930s, of a revolutionary new branch of physics called quantum mechanics (QM). QM has questioned the material foundations of the world by showing that atoms and subatomic particles are not really solid objects—they do not exist with certainty at definite spatial locations and definite times. Most importantly, QM explicitly introduced the mind into its basic conceptual structure since it was found that particles being observed and the observer—the physicist and the method used for observation—are linked. According to one interpretation of QM, this phenomenon implies that the consciousness of the observer is vital to the existence of the physical events being observed and that mental events can affect the physical world. The results of recent experiments support this interpretation. These results suggest that the physical world is no longer the primary or sole component of reality and that it cannot be fully understood without making reference to the mind.

WEEK 1

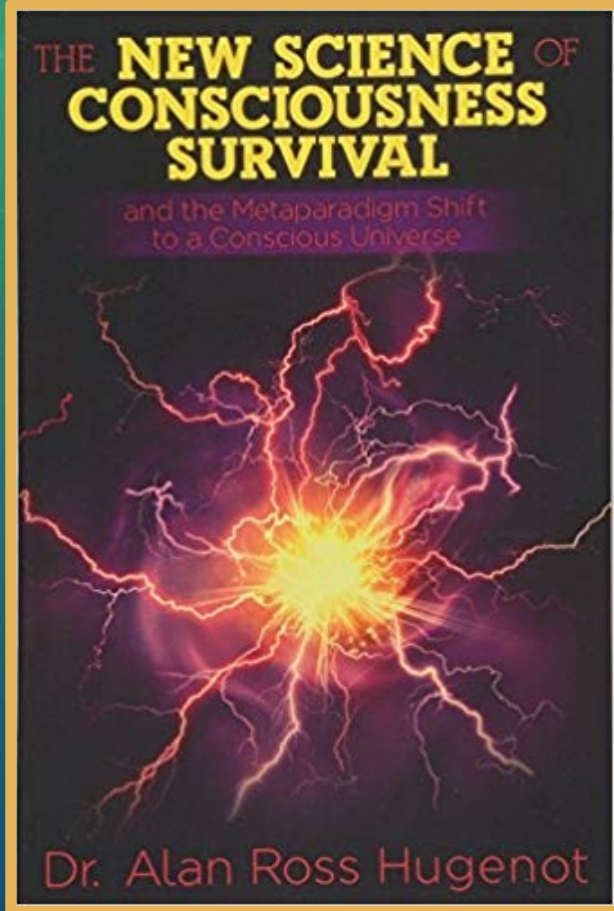
Chapter 2: Manifesto for a Post-Materialist Science

*“Manifesto for a Post-Materialist Science—
Professor Alexander Moreira-Almeida MD”*

(6min video clip)

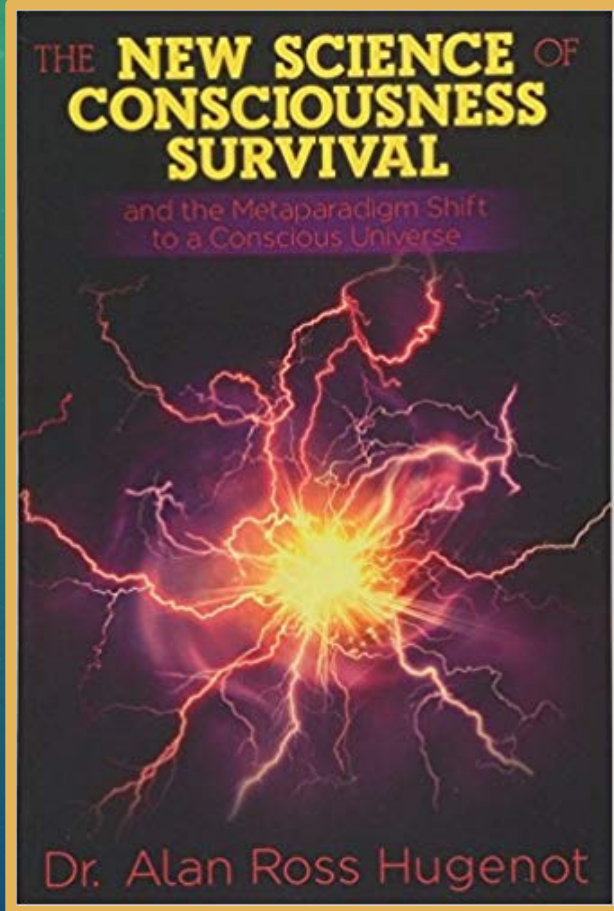
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WEEK 2



- **Chapter 3:** The Logic of Science and Philosophy
- **Chapter 4:** Perspectives- Materialism, Quantum “Mechanics” and Biocentrism

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WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

1. Why do we believe what we do?
2. How real science works
3. What constitutes a scientific fact?
4. A difference in the logic of science and philosophy
5. The problem with sceptics
6. The logic of proof
7. Conclusions

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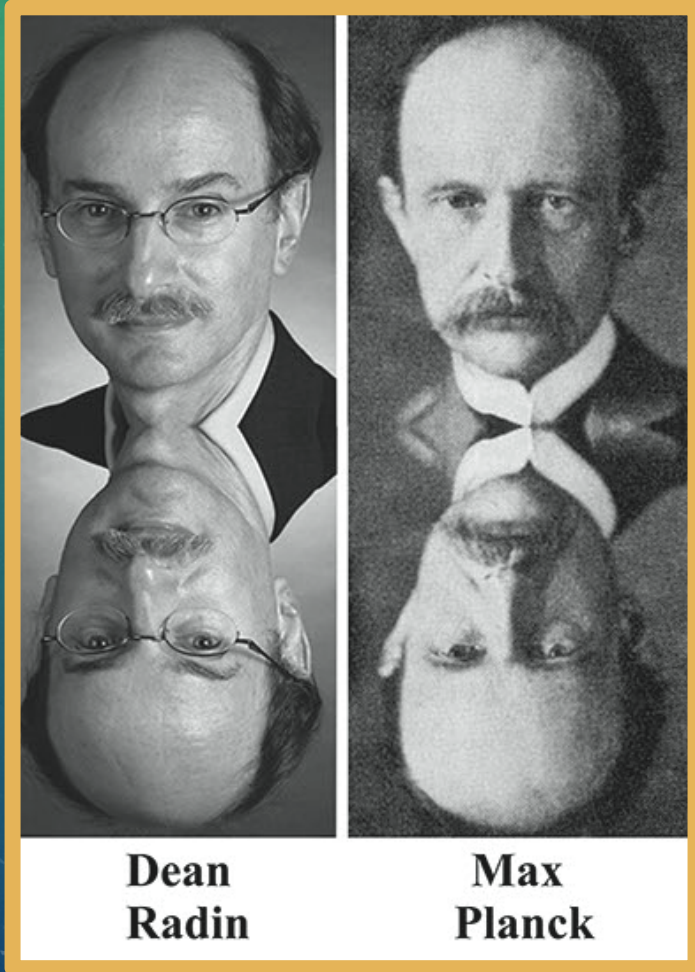
WEEK 2 **Chapter 3**: The Logic of Science and Philosophy, Proof, Belief Systems (*B.S.*)



Belief
systems

1. Why do we believe what we do?

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WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

1. Why do we believe what we do?

"The Stupidity Hypothesis" (9min video)

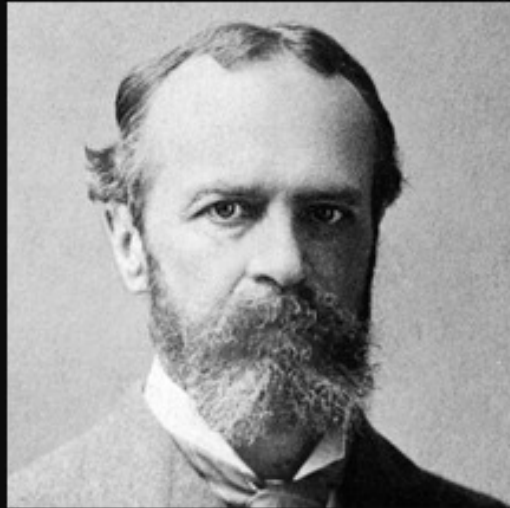
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WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

2. How real science works: Scientific Method

- **Step 1-** Carry out out controlled experiments in search of data that supports the hypothesis
- **Step 2-** If data is found that does not support the hypothesis, that hypothesis is revised to fit the new data.

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William James

I believe there is no source of deception in the investigation of nature which can compare with a fixed belief that certain kinds of phenomena are IMPOSSIBLE.

AZ QUOTES

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WEEK 2 Chapter 3: The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

3. What constitutes a “scientific” fact?

There are actually 4 levels of “fact” in western culture, with no agreement on what constitutes “proof”!

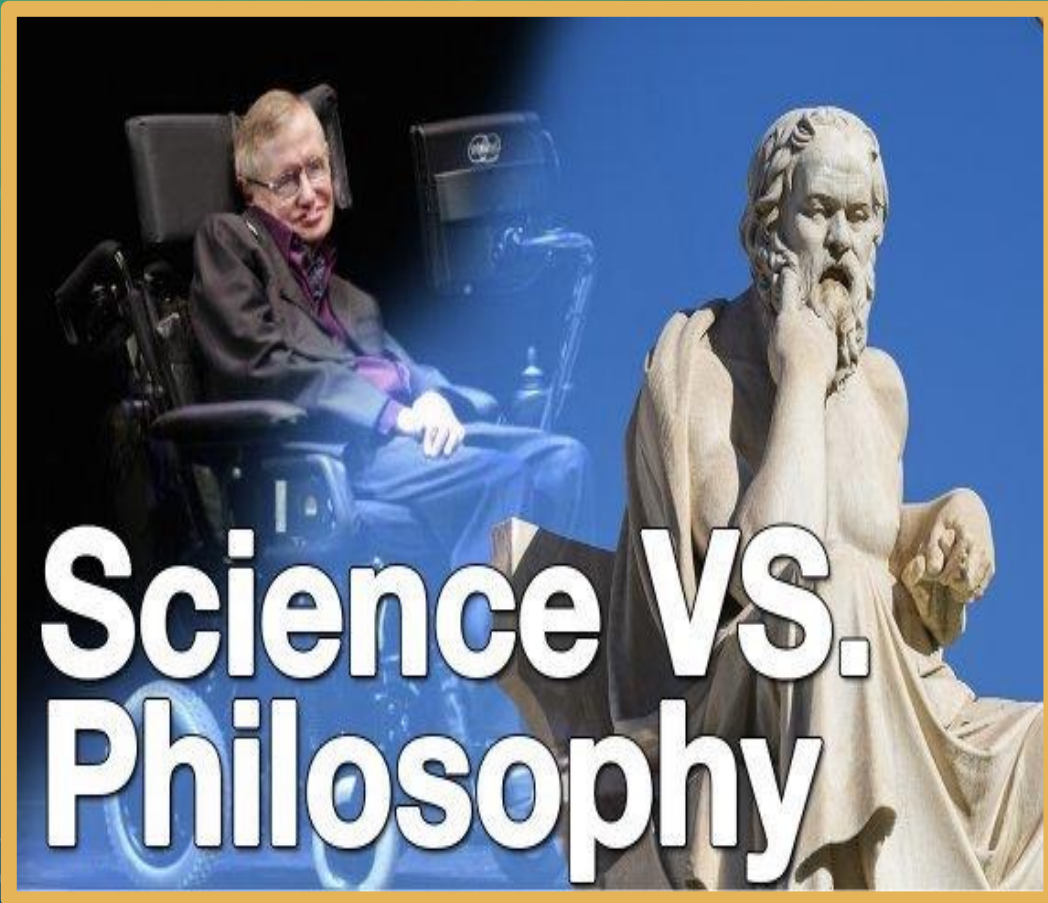
1. Mathematical, 2. Scientific, 3. Legal, 4. Philosophical

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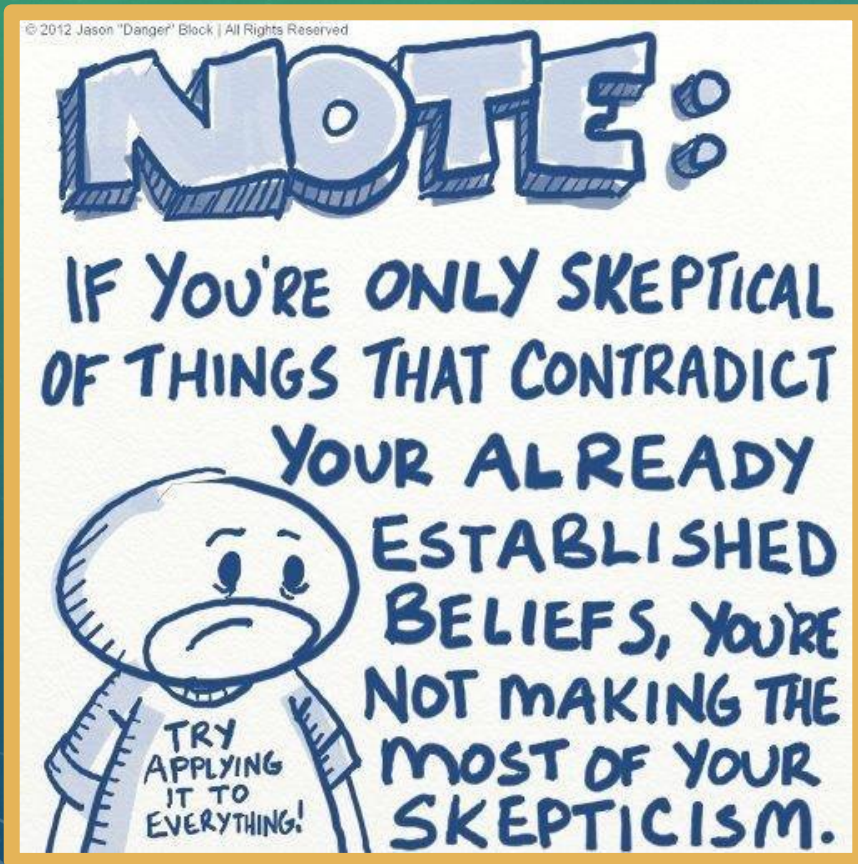
WEEK 2 Chapter 3: The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

4. A difference in the logic of science and philosophy:

- Hard Science “provable” facts
- Soft Science “probable” facts
- Pseudo Science “ignore all” facts



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WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

5. The problem with sceptics:

- Choose what they want to believe first
- Look for facts that back up their conclusion
- Ignore any conflicting data

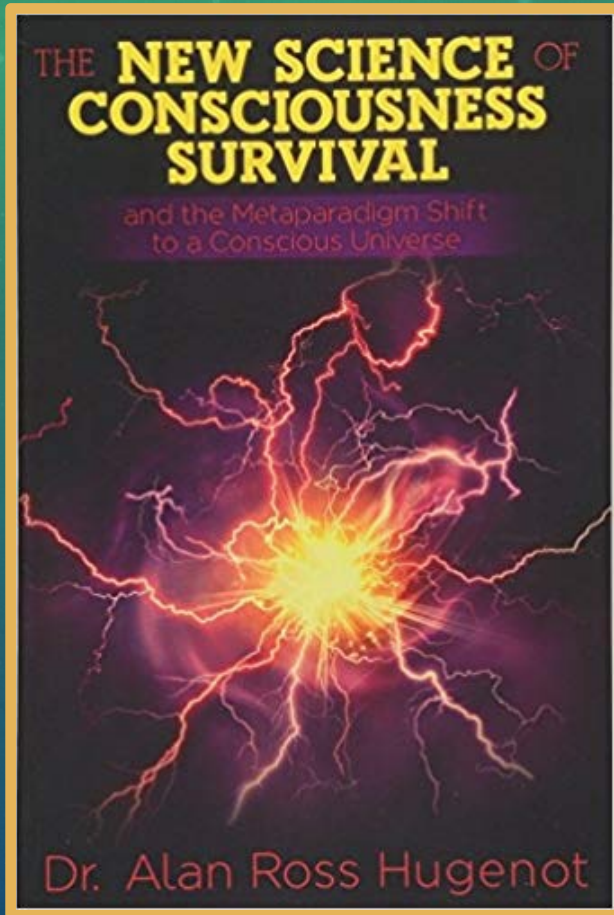
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WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

6. The logic of proof

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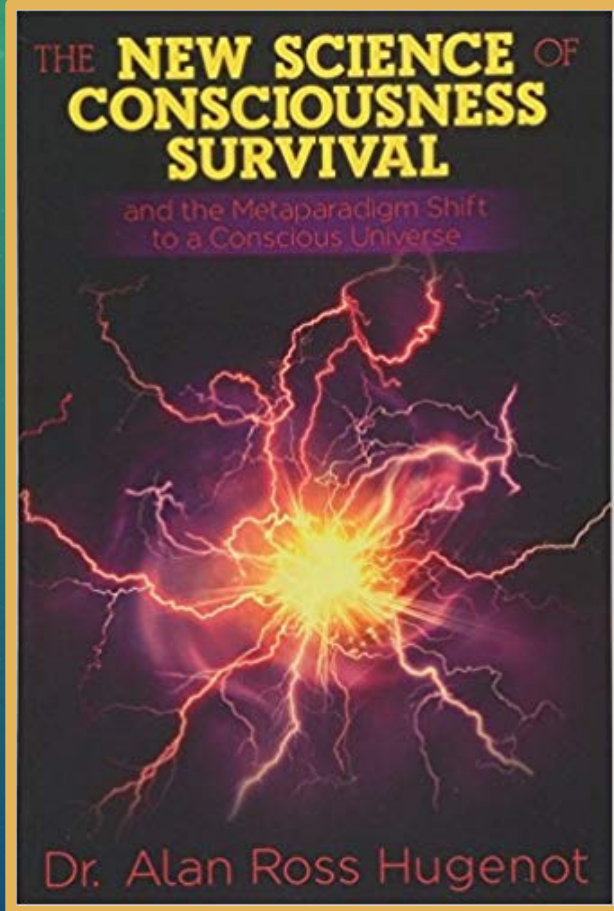


WEEK 2 **Chapter 3:** The Logic of Science and Philosophy, Proof, Belief Systems (B.S.)

7. Conclusion: Consciousness survival qualifies as a scientific fact:

- It's a logical possibility.
- It's supported by a great deal of evidence.
- There is no evidence against it.

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WEEK 2 **Chapter 4:** Three Perspectives

- Materialism
- Quantum Electro Dynamics (QED)
- Biocentrism

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WEEK 2 **Chapter 4:** Materialism

Religion without science is superstition. Science without religion is materialism.

— *Bahá'u'lláh* —

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WEEK 2 **Chapter 4:** Quantum “Mechanics”

Science Beyond Materialism

- Before Quantum Physics originated a century ago, the view point of **materialism** and **idealism** dominated. i.e. the concept “Every thing originate from matter and reality is independent of observation”.
- But, **Quantum Physics** has **revealed** that our **conscious observation** influence reality!

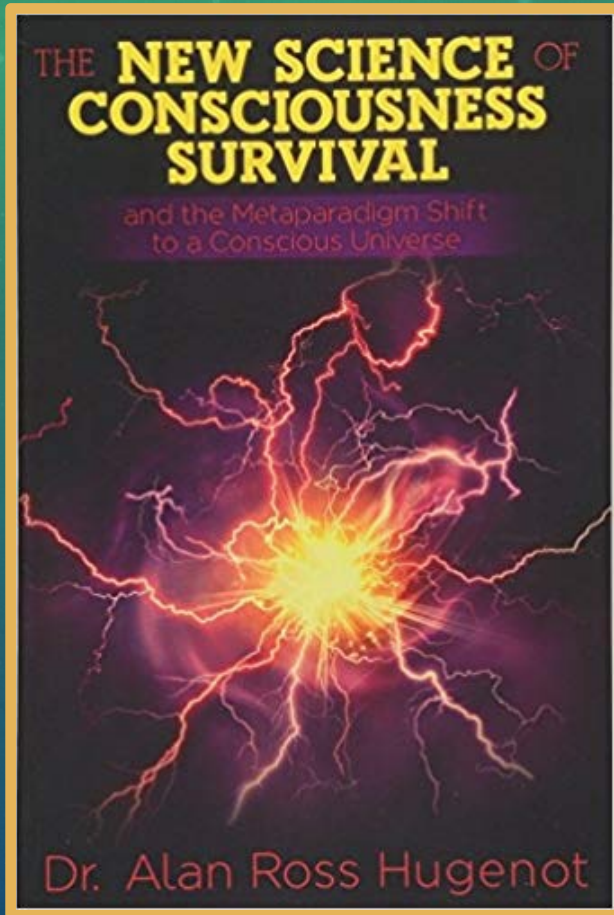


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WEEK 2 **Chapter 4:** Biocentrism



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WEEK 3: Proof of Non-Local Consciousness

- **Chapter 5:** THE SCIENCE OF HYPOTHERMIC CARDIAC ARREST
- **Chapter 6:** SCIENCE OF NEAR DEATH EXPERIENCE (NDE)
- **Chapter 7:** THE SCIENCE OF CHILDREN WHO REMEMBER PAST LIVES
- **Chapter 9:** THE SCIENCE OF PAST LIFE REGRESSIONS
- **Chapter 10:** THE SCIENCE OF REMOTE VIEWING

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WEEK 3: Proof of Non-Local Consciousness

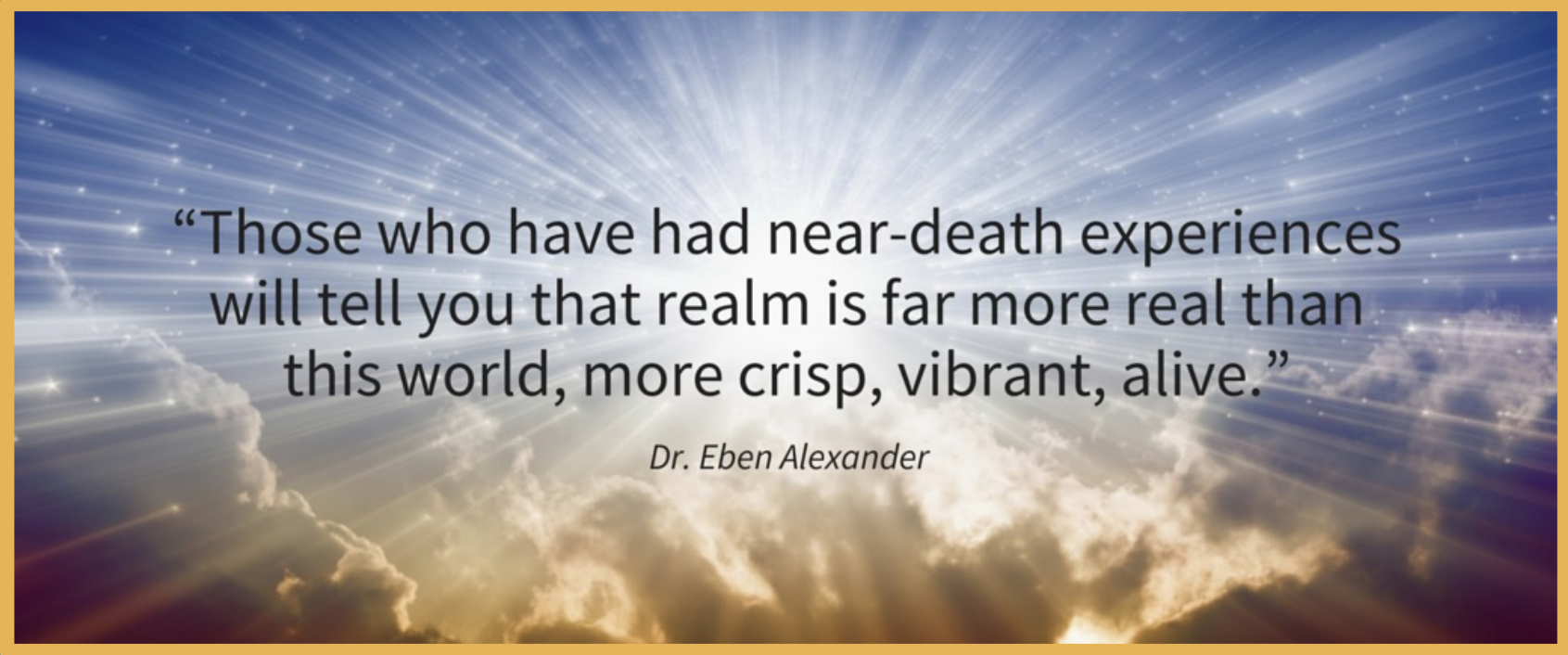
Chapter 5:

- THE SCIENCE OF HYPOTHERMIC CARDIAC ARREST



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WEEK 3: Proof of Non-Local Consciousness

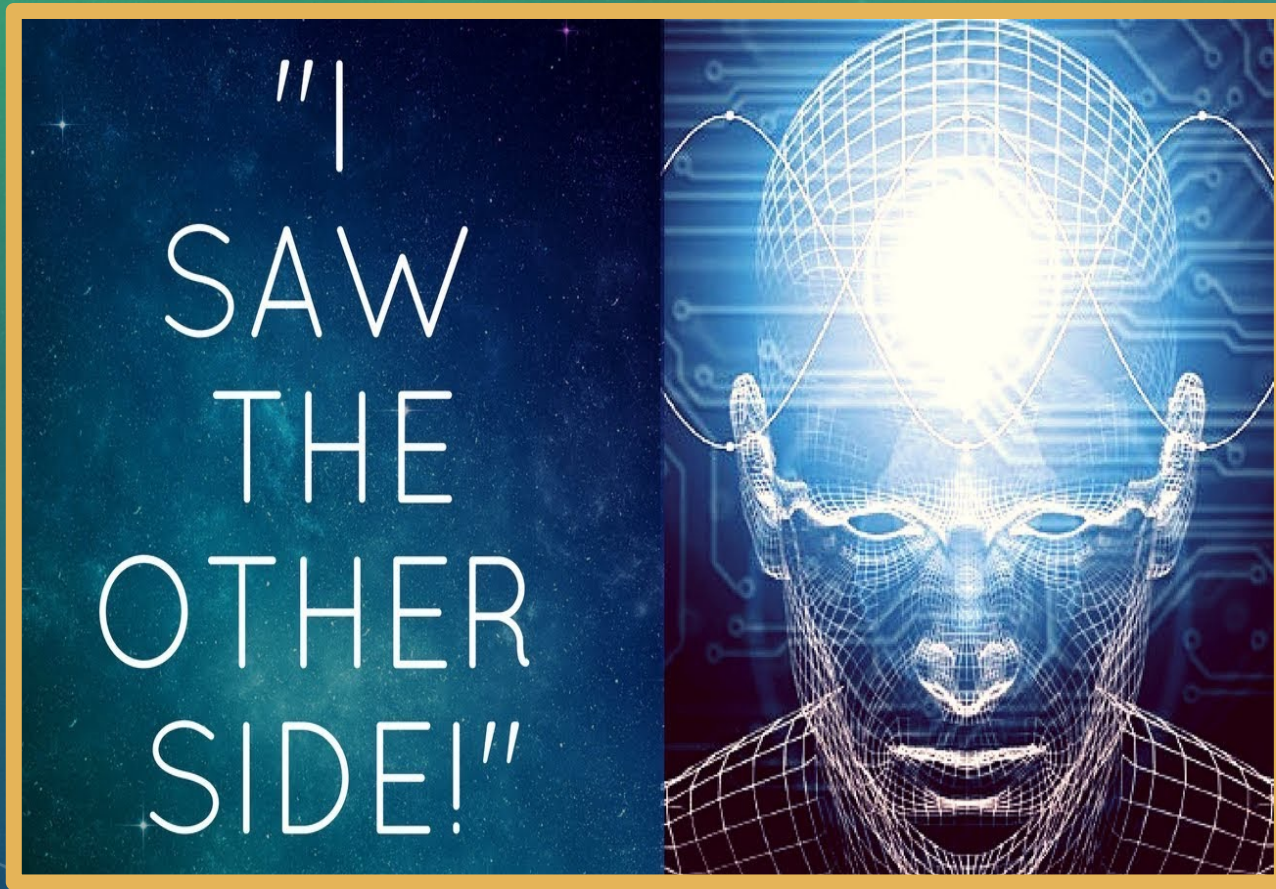


“Those who have had near-death experiences will tell you that realm is far more real than this world, more crisp, vibrant, alive.”

Dr. Eben Alexander

Chapter 6: THE SCIENCE OF NEAR DEATH EXPERIENCE (NDE)

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WEEK 3: Proof of Non-Local Consciousness

Chapter 6:

- DR. HUGENOT'S NEAR DEATH EXPERIENCE (NDE)

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WEEK 3: Proof of Non-Local Consciousness

Chapter 7:

- THE SCIENCE OF CHILDREN WHO
REMEMBER PAST LIVES

"there are three claims in the [parapsychology] field which, in my opinion, deserve serious study," with one being "that young children sometimes report details of a previous life, which upon checking turn out to be accurate and which they could not have known about in any other way than *reincarnation.*"

- Carl Sagan

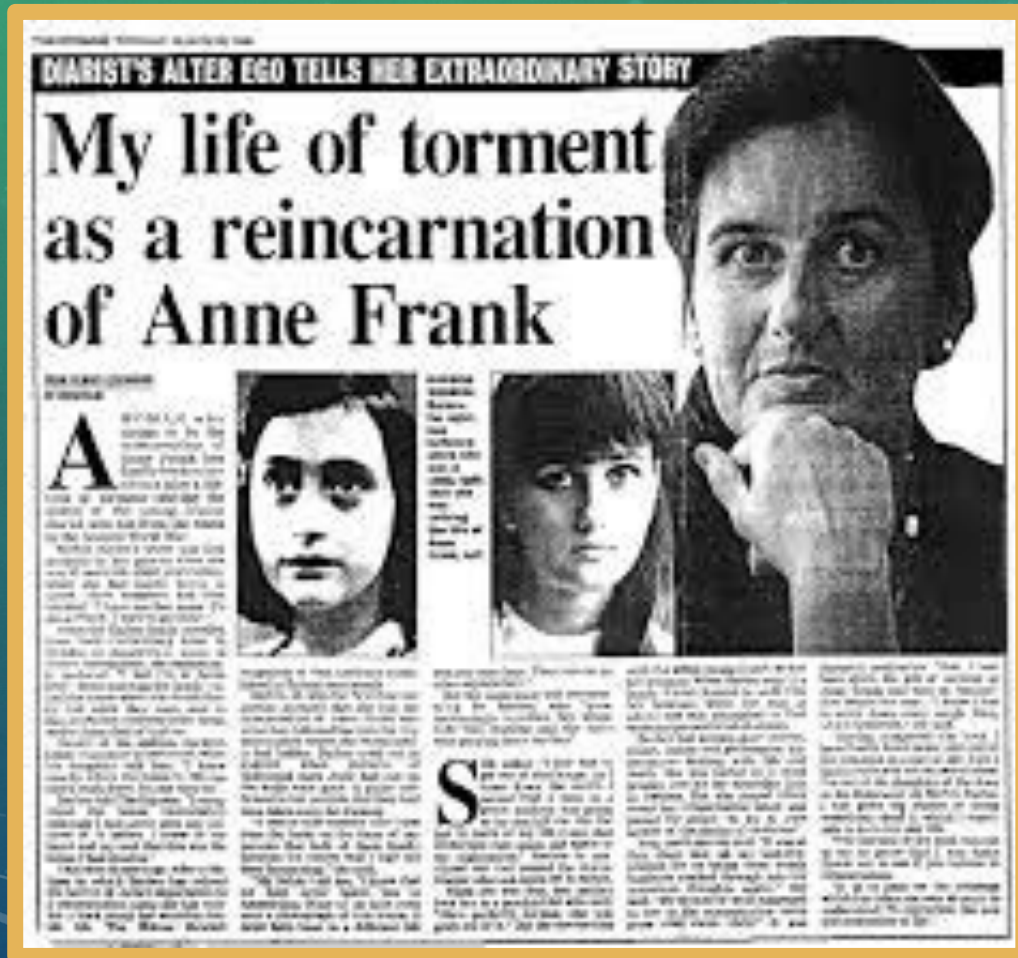


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WEEK 3: Proof of Non-Local Consciousness

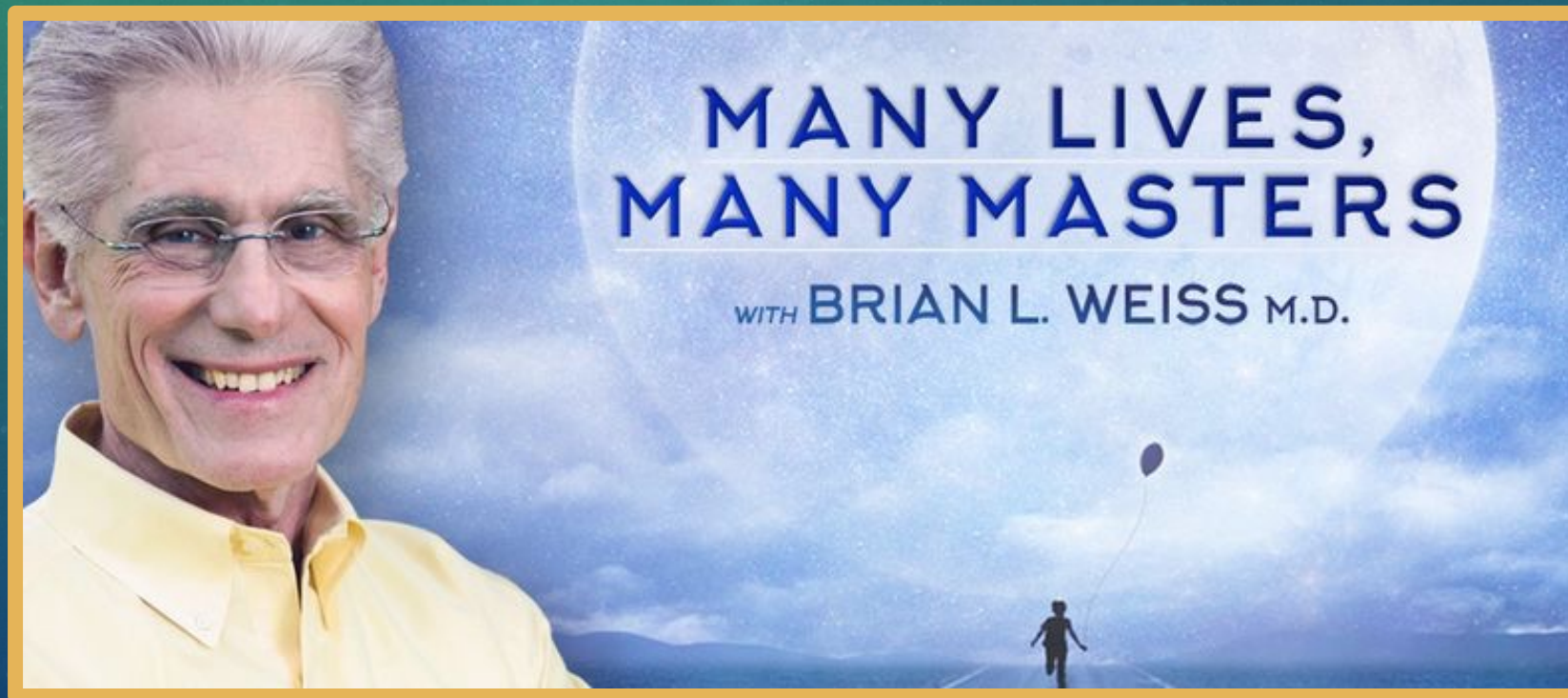
Chapter 7: THE SCIENCE OF CHILDREN WHO REMEMBER PAST LIVES



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WEEK 3: Proof of Non-Local Consciousness

Chapter 9: THE SCIENCE OF PAST LIFE REGRESSIONS



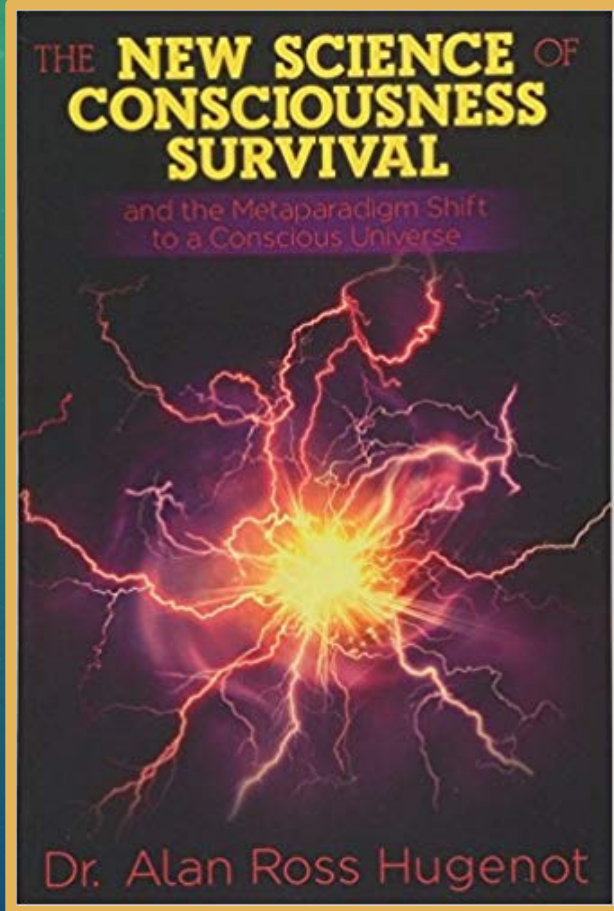
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WEEK 3: Proof of Non-Local Consciousness

Chapter 10: THE SCIENCE OF REMOTE VIEWING



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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS

1. Communication thru mediumship
2. Interesting 20th century communications
3. Dream communications
4. Pre-20th century communications
5. Dr. Huguenot's personal experiences
6. Scientific investigations
7. Conclusion

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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS



1. Communication thru mediumship

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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS



2. Interesting 20th century communications- *“Helen Duncan jailed as a spy.”*

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WEEK 4 **Chapter 8**: THE SCIENCE OF AFTER-DEATH COMMUNICATIONS



Why Do Deceased Loved
Ones Visit Us in
Our Dreams?
www.Learning-Mind.com

3. Dream communications

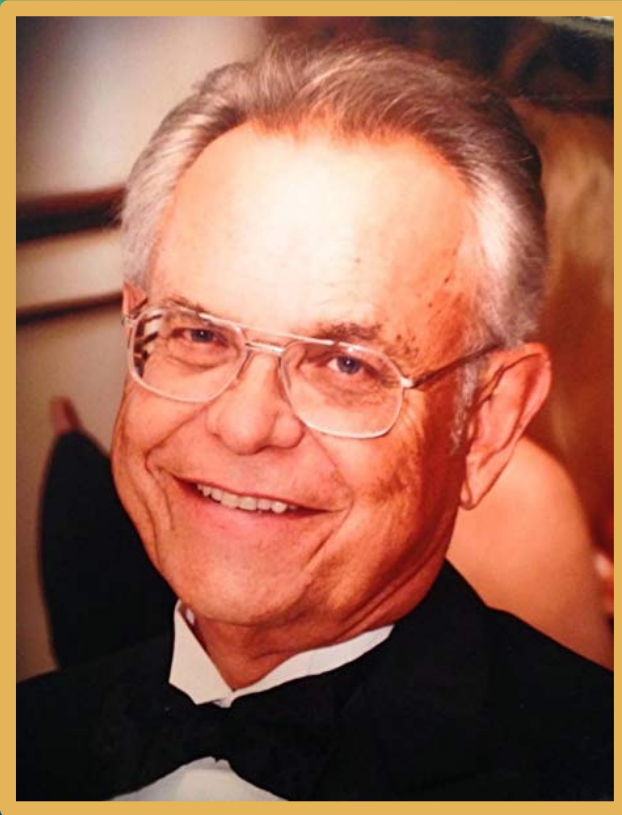
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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS

4. Pre-20th century communications verify modern NDEs:

- The French Revelation
- Dr. Hossack's death process
- Scientific replication
- What is the afterlife like?
- Dark energy

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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS

5. Dr. Huguenot's personal experiences

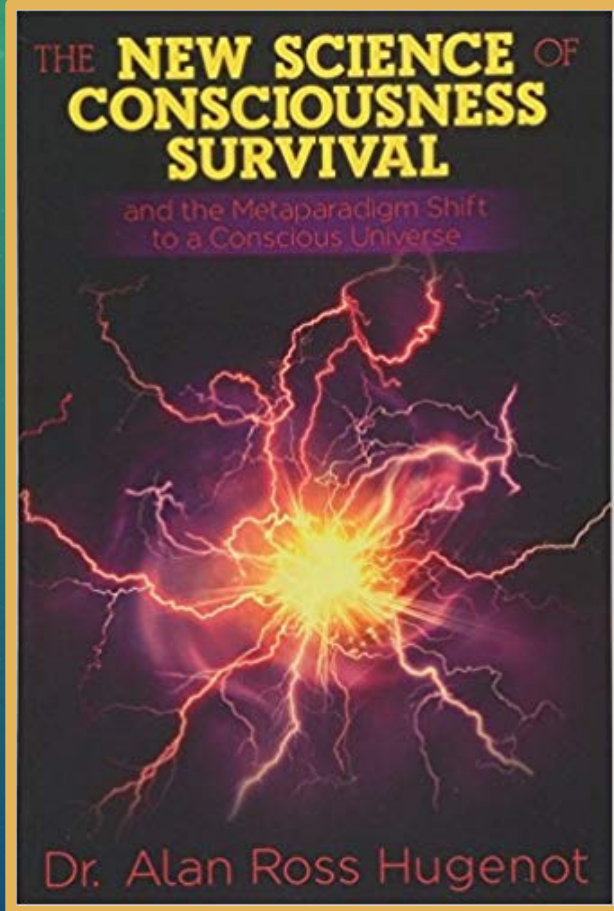
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WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS

6. Scientific investigations

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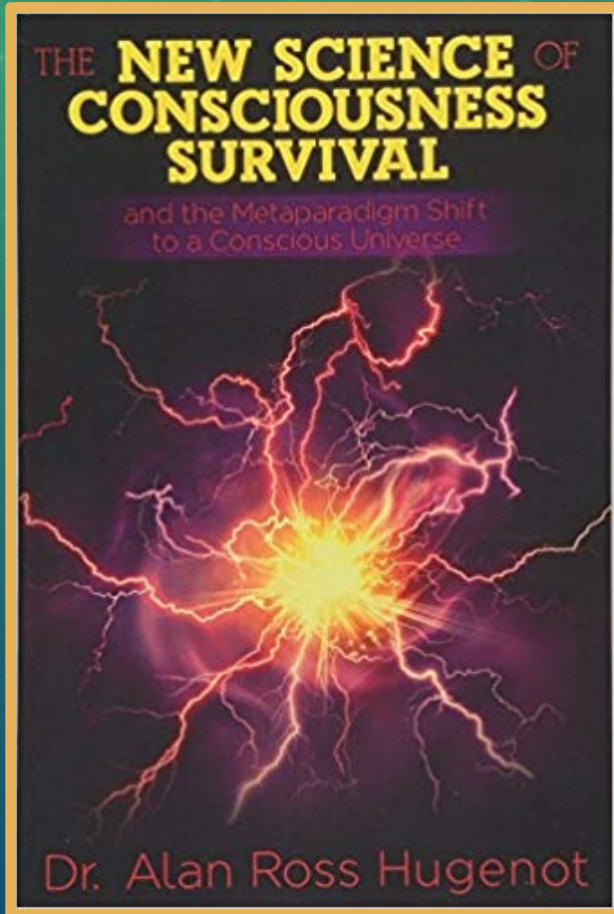


WEEK 4 **Chapter 8:** THE SCIENCE OF AFTER-DEATH COMMUNICATIONS

7. Conclusion

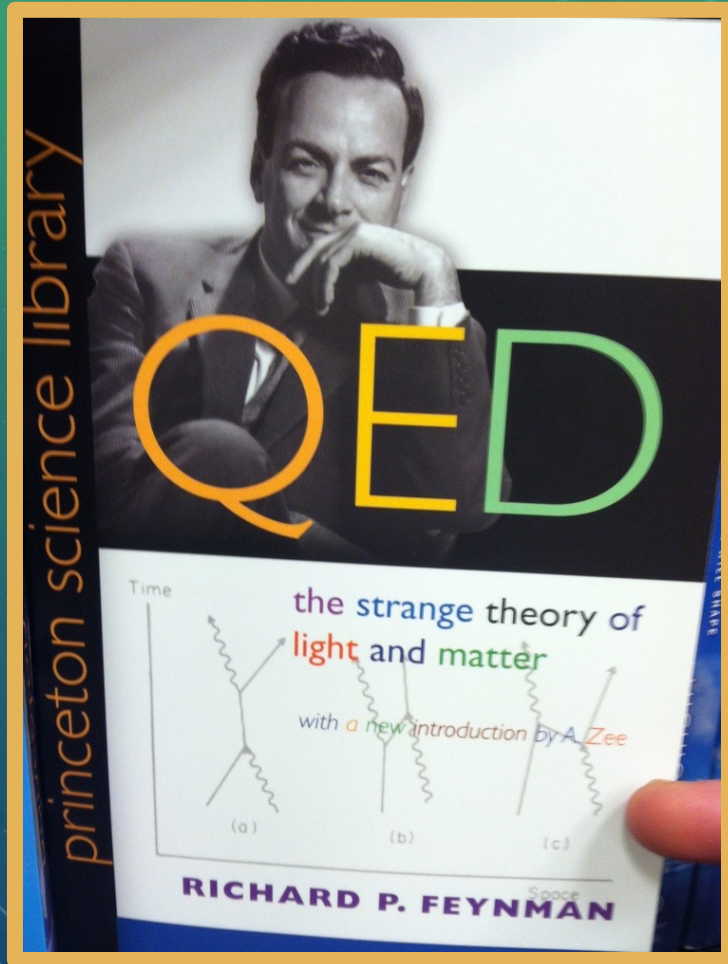
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WEEK 5



- **Chapter 11:** The Science of Quantum Electrodynamics (QED)
- **Chapter 12:** The Science of Biocentrism

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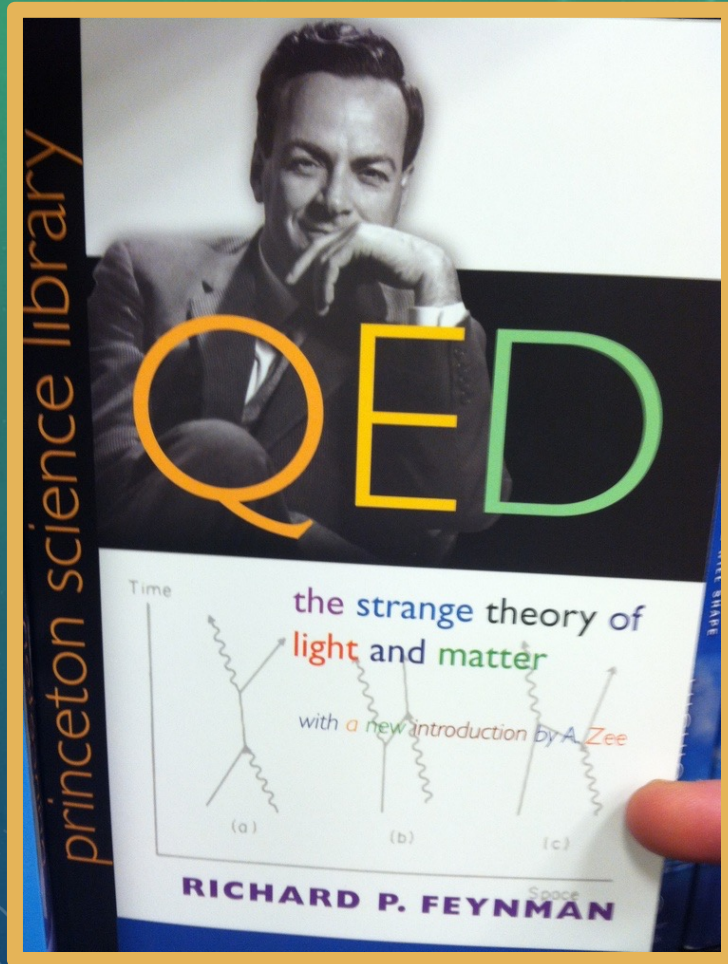
WEEK 5 **Chapter 11:** The Science of Quantum Electrodynamics (QED)

- **Postulate 1-** Observation impacts the system
- **Postulate 2-** Everything is composed of consciousness, not matter
- **Postulate 3-** Time is only a perceptive illusion
- **Postulate 4-** Everything is connected (*quantum entanglement*)
- **Postulate 5-** There is only consciousness

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WEEK 5 **Chapter 11**: The Science of Quantum Electrodynamics (QED)

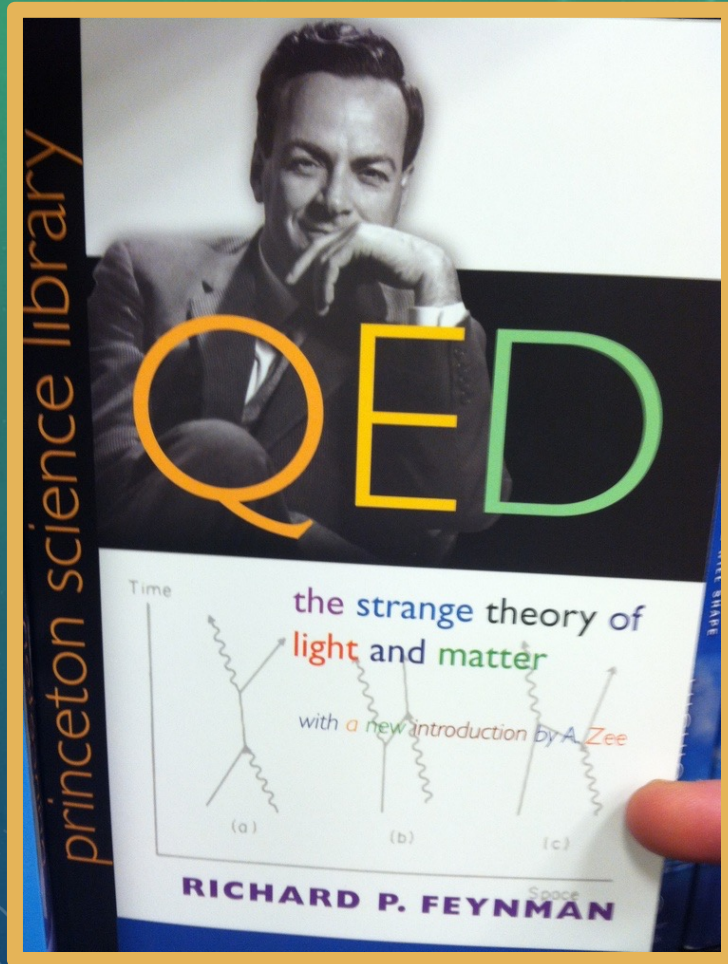
- **Postulate 1**- Observation impacts the system



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WEEK 5 **Chapter 11**: The Science of Quantum Electrodynamics (QED)

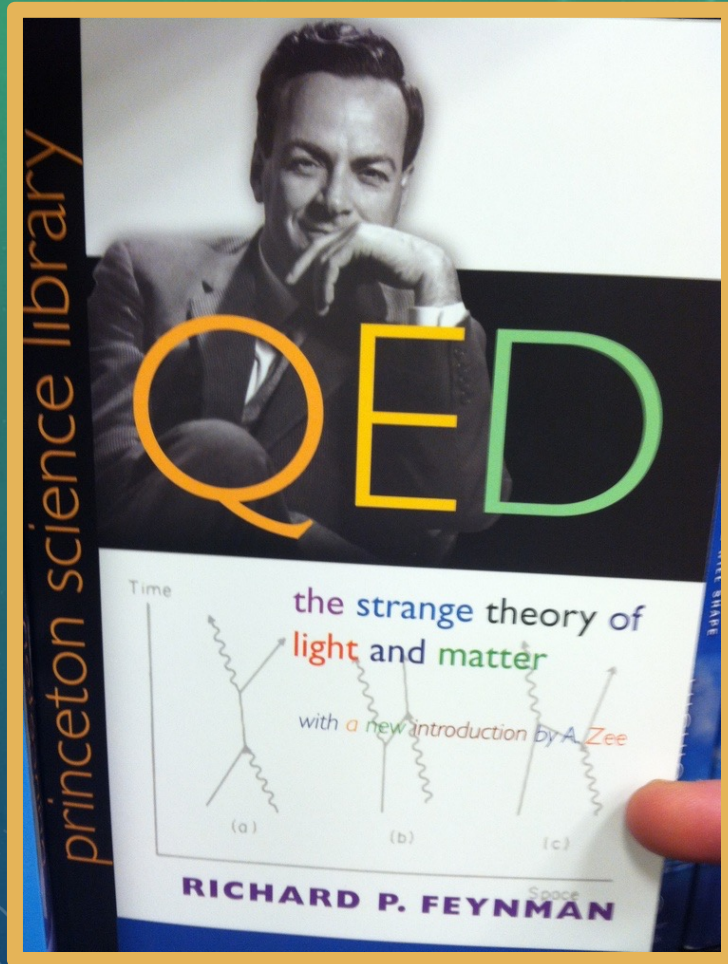
- **Postulate 2**- Everything is composed of consciousness, not matter



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WEEK 5 **Chapter 11:** The Science of Quantum Electrodynamics (QED)

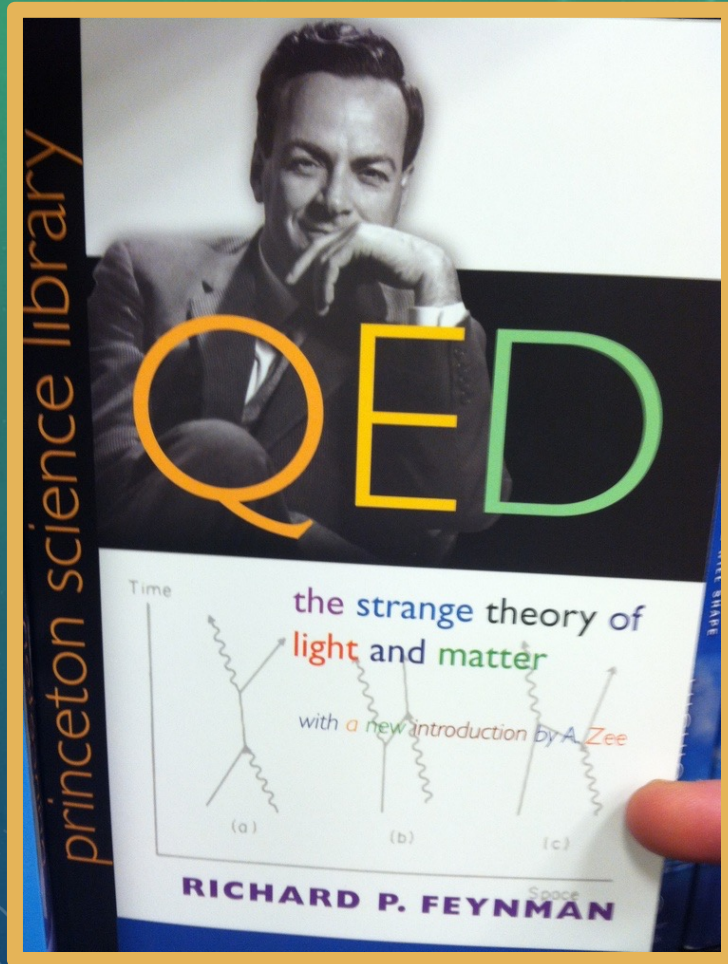
- **Postulate 3-** Time is only a perceptive illusion



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WEEK 5 **Chapter 11:** The Science of Quantum Electrodynamics (QED)

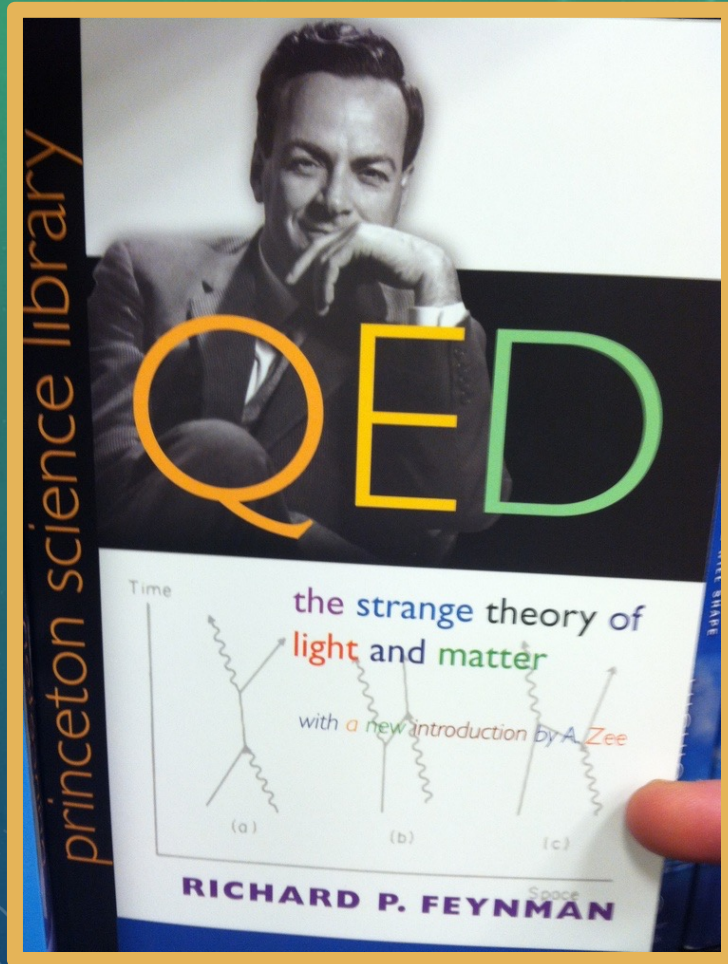
- **Postulate 4-** Everything is *connected* (quantum entanglement)



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WEEK 5 **Chapter 11:** The Science of Quantum Electrodynamics (QED)

- Postulate 5- There is only consciousness



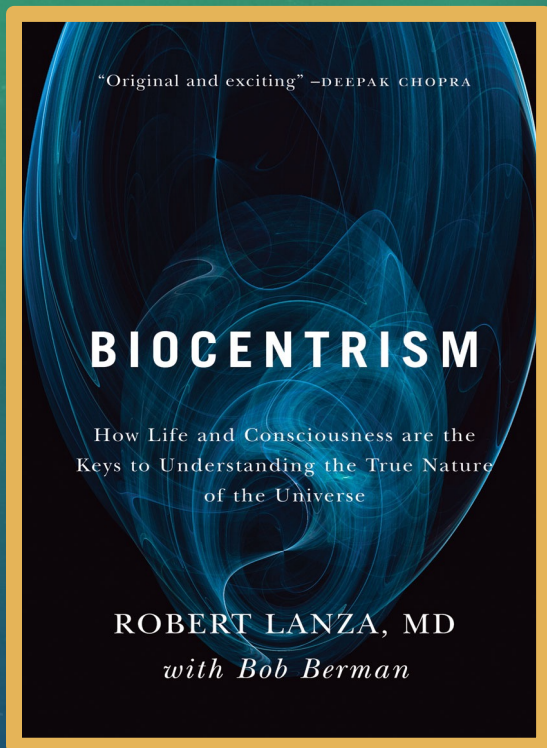
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WEEK 5 **Chapter 12:** The Science of Biocentrism

Dr. Robert Lanza was selected for the 2014 TIME 100 list of the hundred most influential people in the world, along with Pope Francis, Beyoncé, Vladimir Putin, Robert Redford, and other artists, pioneers, leaders, titans and icons.

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WEEK 5 Chapter 12: The Science of Biocentrism

- Consciousness did not arise from matter (Big Bang Theory); matter arises from consciousness
- Consciousness plays a central role in creating the cosmos
- Biocentrism is consistent with what we know about science
- ***It's our most accurate model for describing the universe***
- Universe is an active, *life based* process which does not exist outside of mind

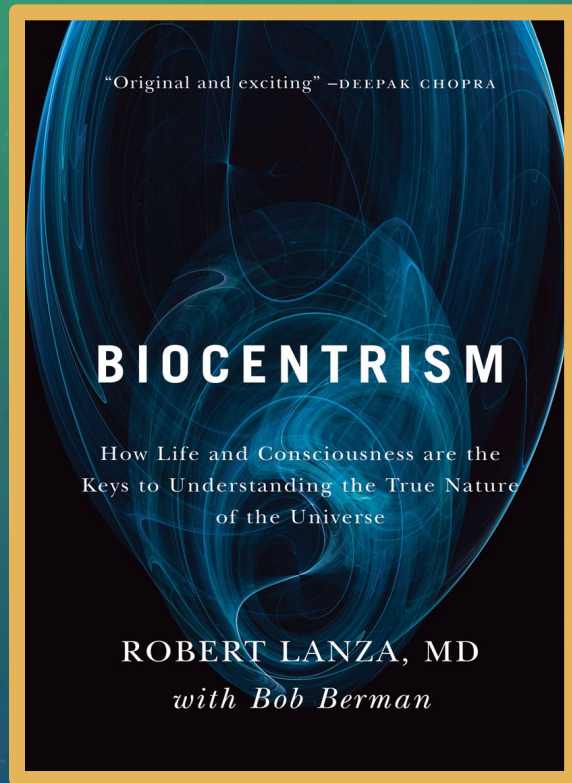
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WEEK 5 **Chapter 12:** The Science of Biocentrism

*“The only thing we can perceive are our perceptions...In other words, **consciousness is the matrix upon which the cosmos is apprehended.** Color, sound, temperature and the like exist only as perceptions in our head. Not as absolute essences. In the broadest sense, we cannot be sure of an outside universe at all.”* George Berkeley, philosopher (1685-1753)



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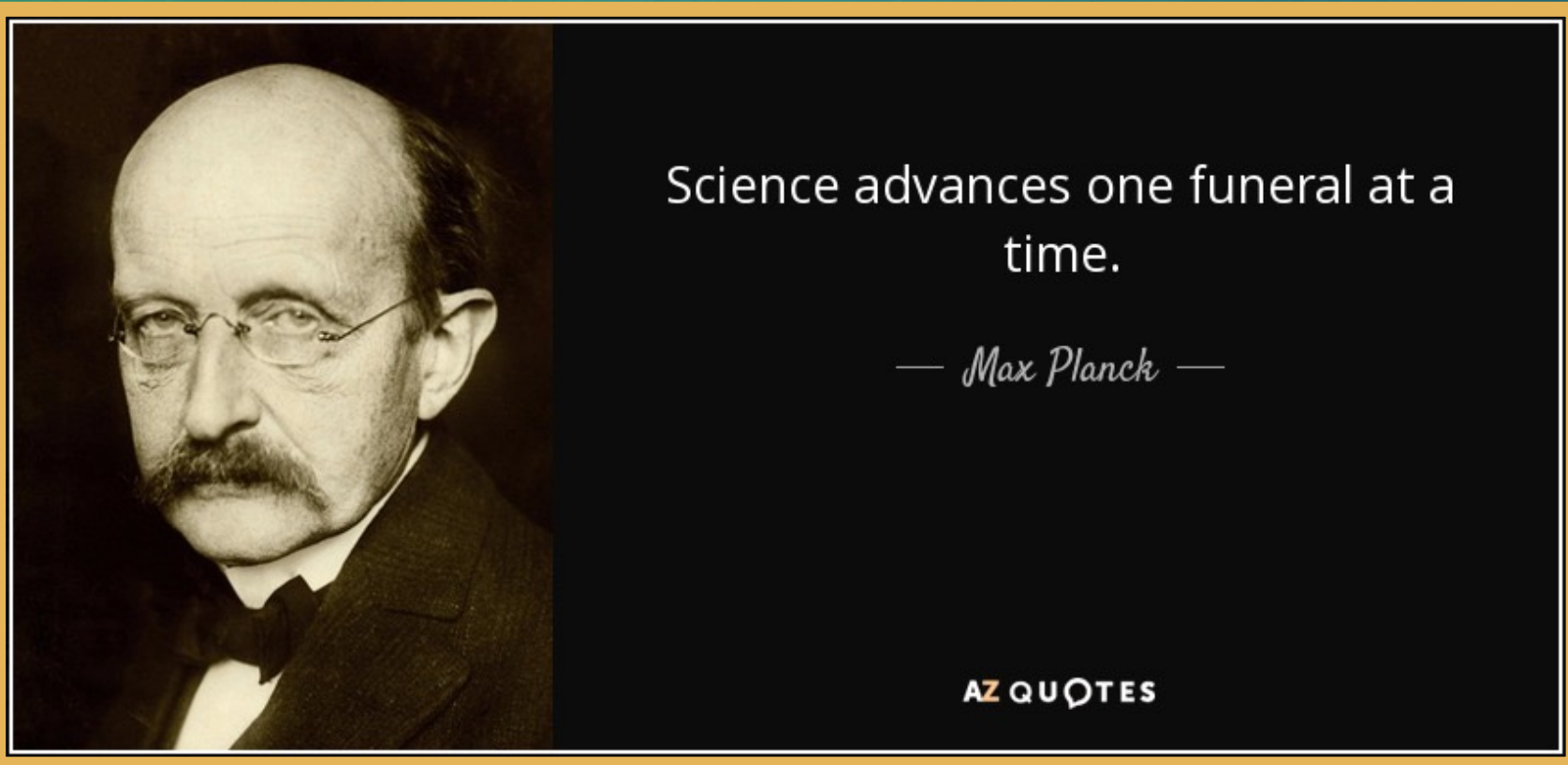


WEEK 5 **Chapter 12:** The Science of Biocentrism; Dr. Lanza's 7 Principles:

1. What we perceive as reality is a process that involves our consciousness.
2. Our external and internal perceptions are inextricably intertwined.
3. The behavior of sub-atomic particles, indeed all particles and objects, is inextricably linked to the presence of an observer.
4. ***Without consciousness, "matter" dwells in an undetermined state of probability.***
5. The structure of the universe is only explainable through biocentrism.
6. Time doesn't have a real existence outside animal sense perception.
7. Space, like time, is not an object or a thing.

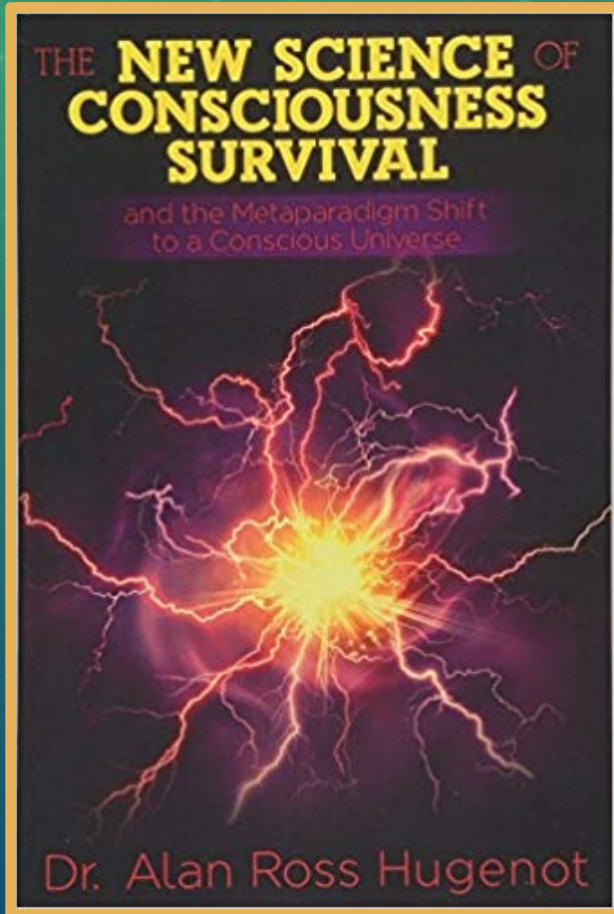
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WEEK 5 **Chapter 12:** The Science of Biocentrism



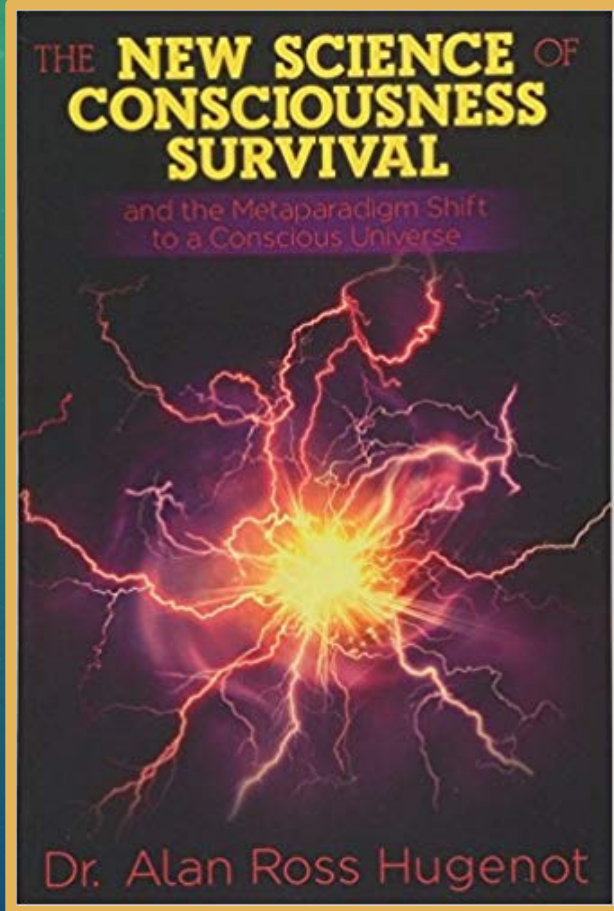
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WEEK 6



- **Chapter 13:** CONCLUSION: WHAT THIS ALL MEANS
- **Appendix A:** THE WEIGHING OF THE HEART
- **Appendix B:** SPIRITUALISM AND QED, THE COMING PARADIGM SHIFT

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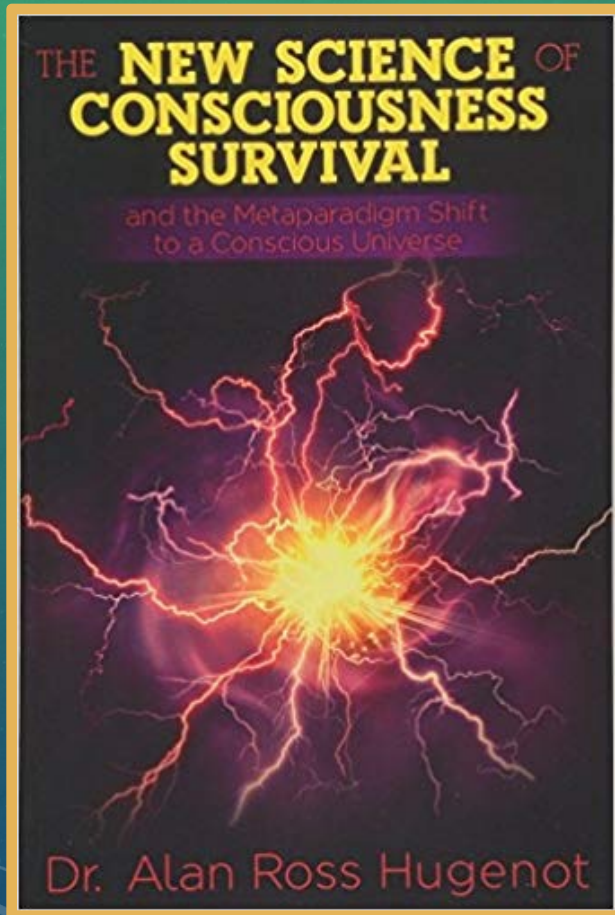


WEEK 6 **Chapter 13:** What All this Means

- Confirmation of non-locality
- Consciousness exists OUTSIDE of 3D+time
- The Afterlife is an alternate dimension
- Quantum Holograph=Nature's mind= intuition
- Consciousness= The Akashic Record

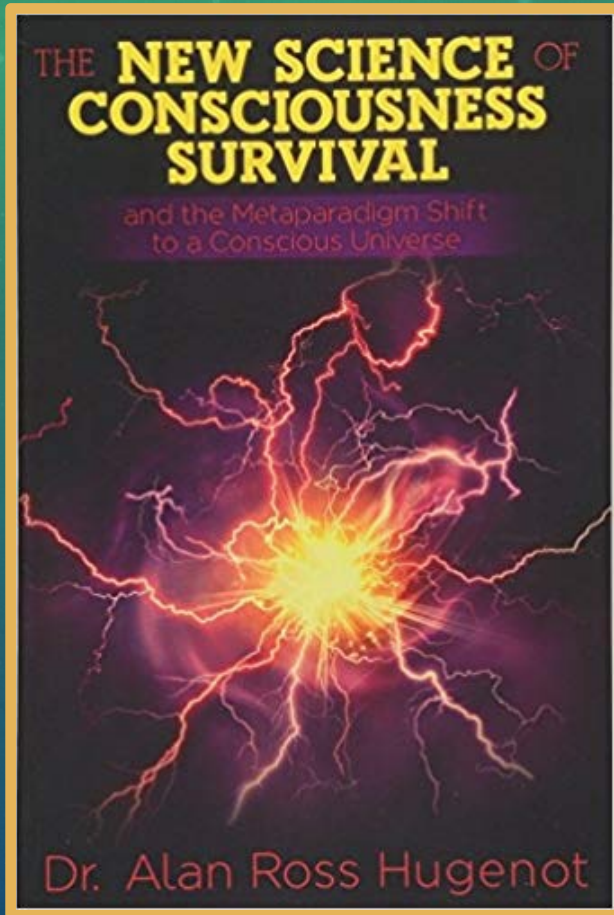
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WEEK 6 **Chapter 13:** What All this Means



- 3 decades of repeated experiments confirm the principle of non-locality
- Consciousness exists entirely outside of classic Newtonian physics= 3 dimensions +time
- QED supports psi phenomena and consciousness as the matrix all reality
- Afterlife is not a place of punishment/ reward
- Its simply the next stage of consciousness

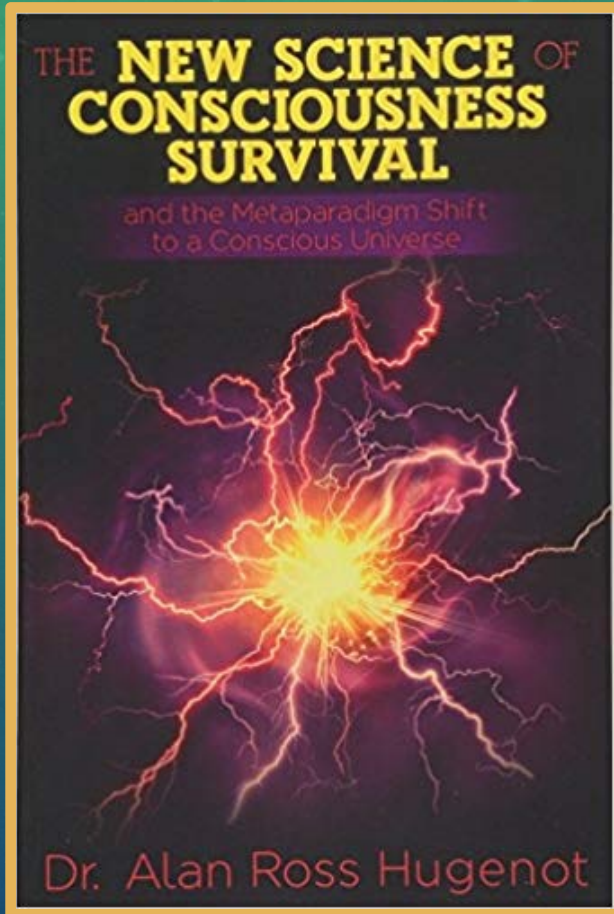
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WEEK 6 Chapter 13: What All this Means

- The non-local quantum hologram is Nature's Mind = our intuition; We are our thoughts; our thoughts are the universe
- -It's a macro scale, non-local information structure = **The Akashic record**
- -QED encompasses all physical objects, including DNA molecules, organic cells, organs, brains and bodies.

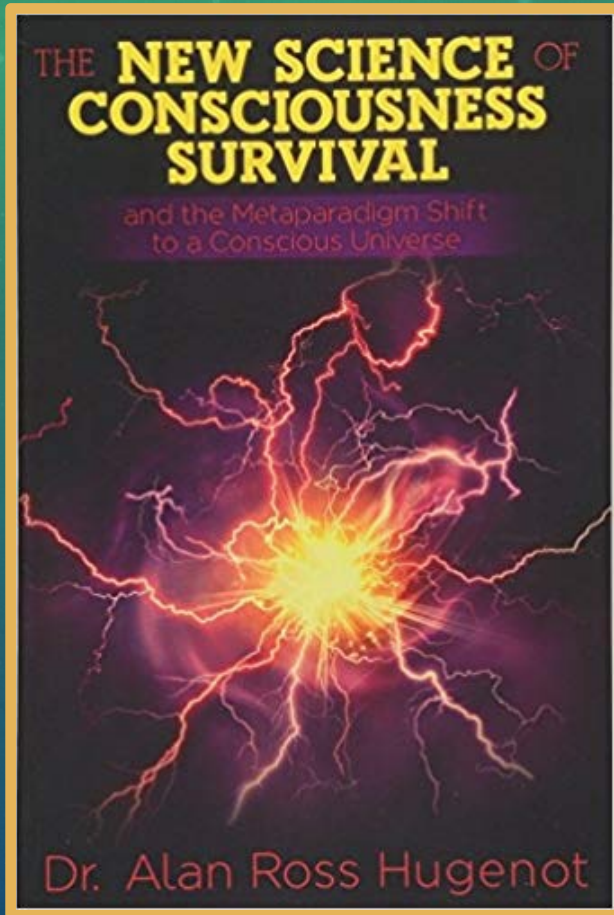
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WEEK 6 Chapter 13: What All this Means

- -Major paradigm shift in 21st-century Scientific ontology
- -All information is stored throughout the universe and can be accessed by those our psychic abilities (**6th sense**)
- Each of us materializes in the physical instantaneously and continually in a holographic energy projection from dark energy into this light energy.

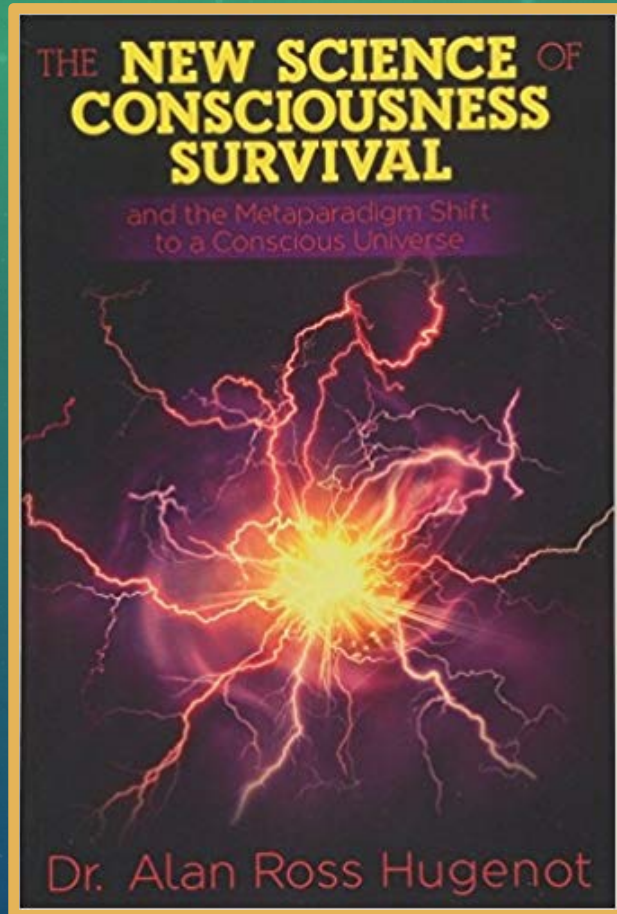
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WEEK 6 Chapter 13: What All this Means

Zero Point Field: "You move your hand and the universe carries out the subtle energy transformations from dark energy to light energy that constantly supports the holographic illusion of matter, which is you, here in space-time, and continues to instantaneously re-create the hologram of your hand in the moving positions and gives you the illusion of movement... You think, and the universe performs the particle physics magic to make it so."- Schrodinger, founder of Quantum Mechanics

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WEEK 6 **Chapter 13:** What All this Means

- *Consciousness is primary; physical reality is secondary*
- Hence the mystical traditions that maintain the individual conscious mind actually exists totally outside the body in order to observe inside the body
- We are each an eternal consciousness/spirit currently having a physical experience here on earth

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WEEK 6 Appendix A:

- The Weighing of the Heart
- The Life Review
- Original Afterlife Salvation Myth
- Christian “Last Judgement”
- Single Life vs Multiple Lives
- Bringing Back the Missing Pieces

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PARADIGM SHIFT

A change from
one way of
thinking to
another.



WEEK 6 **Appendix B:** Spiritualism and QED, a Paradigm Shift

- James Clerk Maxwell
- Modern Spiritualism
- Sir Oliver Lodge
- Ether= Dark Matter= The Quantum Field= The Akashic Record

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WEEK 6 **Appendix B:** Spiritualism and QED, a Paradigm Shift

*“Sir Oliver Lodge, Champion
of the Ether”*

